



Beauty Q&A: How Do I Get Glow Skin Without Looking Too Shiny?

- By *Christina Han*

Q: How Do I Get Glow Skin Without Looking Too Shiny?

A: Now that we're past those humid summer days, the dreaded [Chia Pet hair frizz](#) is much more under control. The downside, however, is that skin is not quite as dewy as it was in July (slightly sweaty skin gives you a [just-finished-reading-Celebrotica](#) kind of glow). To make up for it, use a lightweight hydrating serum (like [Yes to Intensive Repair Serum](#)) every morning after cleansing, which gets absorbed quickly and leaves skin with a subtle sheen. If your complexion is on the drier side, add on a moisturizer with a gel-like texture (like [Alchimie's Yttrium Lights On](#), which is packed with brightening antioxidants, or Clarins's cult favorite [Beauty Flash Balm](#)). Because richer creams have a tendency to sit on the face and turn into a slick, greasy-looking mess when you start to sweat, application technique is key: Rub these products into your hands, then gently *press* them onto skin.

Finally, cream — not powder — blush is the best way to amp up that glowy look because it really looks like it's melted onto the skin. For the [Theyskens' Theory show](#), makeup artist James Kaliardos gave models a dewy flush with [MAC's So Sweet, So Easy Cremeblend blush](#). (The fact that the show was held in the basement of the U.S. Post Office where humidity was at an all-time max helped, too.) "Just dab it on the cheeks then blend it out with your fingers," he said. "It's the easiest way to bring out that glow."