

NEW BEAUTY

BOTOX
BREAKTHROUGHS
new discovery that goes beyond erasing wrinkles

5 WAYS TO GET THE SEXIEST BODY
POST-PREGNANCY

THE SECRET SURGERY: LOOK YEARS YOUNGER
IN 60 MINUTES OR LESS

STAYS WITHOUT MAKEUP
the secrets behind their amazing transformations

1,000 RINKLE REAMS
DO THEY WORTH IT?

natural
Gwyneth Paltrow's organic approach to beauty: lose inches and drop pounds in minutes; exotic spa treatments that deliver a better body; dramatic age-defying hair makeovers.

HORMONES

THE NEW POWERFUL ANTI-AGING SKIN-CARE INGREDIENT

INSIDE tip

Hormone-based skin-care products first came into the marketplace only by prescription; they are much thicker and stronger than their over-the-counter counterparts.



REVIVE YOUR SKIN WHILE YOU SLEEP

Counting blueberry, jojoba, grape seed and vitamin E as key ingredients, **Alchimie Forever Kantic Calming Evening Cream** helps restore youthful properties to mature skin. \$71, alchimie-forever.com