

THURSDAY, JULY 14, 2005 • ISSUE 136 • VOLUME 003

NEW YORK'S FREE DAILY NEWSPAPER

am New York



PARTLY SUNNY CHANCE OF THUNDERSTORMS
HIGH 82° LOW 72°

INTERNATIONAL
BOMB KILLS IRAQI CHILDREN
KIDS GETTING CANDY FROM U.S. TROOPS

LOCAL
TEARS, 25 YEARS FOR EBBERS
EX-WORLDCOM BOSS SENTENCED

SPORTS
HOCKEY LOCKOUT THAWED
PLAYERS, NHL REACH PACT

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health today

SKINCARE SPOTLIGHT

Go natural: Hot summer celebrity trends

BY ALEXANDRA CHANG
amNewYork Staff Writer

Some of the best new spa and skin-care products look to mother nature for inspiration, according to celebrity beauty expert Zoe Alexander, who can be seen dishing out the latest on fashion and style on E! and Fox networks.

"There's a huge trend in Hollywood right now, where everybody's going green, driving Priuses and eating organic foods. It's extended to spa treatments," Alexander told amNewYork.

She recommends Sava Spa in Manhattan, frequented by Uma Thurman, Christy Turlington and Kyra Sedgwick. "It's got an all-natural purification treat-

ment that pulls out all of the sulfites and free radicals out of your skin that is supposed to help with anti-aging," she said.

Alexander also recommends the new Fresh Lotus Eye Gel (beauty.com, \$45) that's all the rage with Claudia Schiffer and Maggie Gyllenhaal. "It contains all natural ingredients like coffee and ginkgo biloba," she said.

Packed with minerals and skin renewing ingredients pulled from nature, these products can help to keep summer skin fresh and hydrated.



Practical Nature Calming Lavender Spritz
This lavender spray refreshes and moisturizes the skin with a soothing scent. Available at Lappin Pool, 212. 227-4150, \$18



Sue Devitt Microquatic Purifying Cleanser
This cleanser includes ceramides II, sea minerals and water lily aromaphyte scent to renew skin. Sea minerals replenish and hydrate the skin. Oil-free and suitable for all skin types. Barneys New York, \$40



ESPA Herbal Spafresh Spritzer
An alcohol-free spritz with peppermint, lemon, lavender and tea tree extracts to keep on your desk or in your bag on-the-go, when you need to cool down and refresh. www.espaonline.com, \$30



Sundari Omega 3 and Algae Day Serum for Dry Skin
Sundari combines omega-3s, brown algae, ceramide 3, Indian frankincense and milk thistle in this anti-wrinkle day cream. www.beauty.com, \$44



Nuxe Tinted Moisture Gel
Get a glowing "no make-up"-look with a lightweight tinted gel. Available at Barneys New York, \$42



Alchimie ForeverKantiC+
This nourishing cream boasts the antioxidant power of blueberries and jojoba, as well as nutrients of grape seeds, red clover and vitamin E. www.alchimie-forever.com, \$75

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