

CURRICULUM VITAE

LUIGI LEONARDO POLLA, MD

PERSONAL

Office phone: +41 (22) 318-6051

Office address: Cabinet Médical
50 Rue du Rhône
1204 Geneva – Switzerland

Forever Laser Institut
56 Rue du Rhône
1204 Geneva - Switzerland

Email: llpolla@forever-beauty.com

Citizenship: Swiss / Italian

Languages: French, English, Italian

EDUCATION AND POST-GRAD TRAINING

1984 - 1986 Research and Fellowship
Wellman Laboratory, Massachusetts General Hospital, Harvard
Medical School, Boston - USA (Professor Thomas B.
Fitzpatrick, Professor John Parrish, Professor Rox Anderson)

1984 Thesis of Doctor in Medicine
Diploma of Dermatology

1979 - 1984 Residency
Department of Dermatology
University Hospital, Lausanne, Switzerland (Pr J Delacretaz)
University Hospital, Geneva, Switzerland (Pr H Saurat)
University Hospital St Luc, Brussels, Belgium (Pr JM
Lachapelle)

1975 - 1978 Internship
Department of Internal Medicine, Surgery and Pediatrics
University Hospital, Geneva, Switzerland

1975 Doctor of Medicine
University of Geneva, Switzerland

BOARD CERTIFICATION

1984 – present Swiss Board of Dermatology

EXPERIENCE

2003 – present Co-Founder, co-owner
Alchimie Forever, Geneva, Switzerland

1997 - present Founder and Medical Director
Forever Laser Institut, Geneva, Switzerland

1991 – present Co-owner
Analix Forever Gallery, Geneva, Switzerland

1990 – present Consultant and speaker for Candela Corporation and Zeltig
Technologies (more recently)

1986 - present Private dermatology practice, Geneva, Switzerland

PROFESSIONAL AND HONORARY ORGANIZATIONS

Swiss Society of Esthetic Medicine (co fonder & pastPresident)
Swiss Society of Dermatology
American Academy of Dermatology
American Society of Lasers in Medicine and Surgery
European Society of Esthetic Medicine
French Society of Dermatology
French Society of Lasers in Medicine and Surgery
German Society of Dermatology
Spanish Society of Esthetic Medicine
Italian Society of Esthetic Medicine
Russian Society of Dermatology
Russian Society of Estehtic Medicine
Polish Society of Esthetic Medicine
Hungarian Society of Dermatology

RECENT PROFESSIONAL PRESENTATIONS

Since 2000, Dr Polla has been a featured guest speaker at numerous conferences and events organized by the above listed Associations and others such as the Lebanese Society of Dermatology, Société Française de Lasers Médicaux and the European Academy of Antiaging Medicine.

| | |
|----------------|---|
| November 2012 | Invited Speaker 2 nd Face 2 Face Congress Cannes, France |
| September 2012 | Chairman and invited speaker 21 st EADV Congress Prague, Czech Republic |
| April 2012 | Invited Speaker 3 rd SICAAAMS Cutting Edge Geneva Congress Geneva, Switzerland |
| February 2012 | Chairman and invited speaker 8 th World Congress of Cosmetic Dermatology Cancun, Mexico |
| May 2011 | Practical Workshop and Injection Masterclass by Dr M. de Maio, Zurich, Switzerland |
| May 2011 | Chairman and invited speaker 32 nd International Congress of SIME (Societa Italiana di Medicina Estetica) Rome, Italy |
| March 2011 | Anti-Aging Medicine World Congress & Medispa Monte Carlo, Monaco |
| March 2011 | Invited speaker 17 th Cosmoderm Meeting, EADV (European Academy of Dermatology and Venmerology) Warsaw, Poland |
| February 2011 | 69 th Annual Meeting, New Orleans, USA |
| February 2011 | Tutor and invited speaker for the EADV, London, UK |
| February 2011 | 5 th edition of the Advanced MACS-lift course, directed by Dr A. Verpaele and Dr P. Tonnard Ghent, Belgium |
| November 2010 | Invited expert, “Soft Lifting”: theory and practical demonstration, organised by Allergan Brussels, Belgium |
| October 2010 | Body Sculpting Surgery Workshop, instructor Dr D. De Fazio, Cytori Milan, Italy |
| October 2010 | Workshop instructor, presentation and live demo on fillers and Softlifting, organised by Allergan Vienna, Austria |

| | |
|----------------|---|
| May 2010 | Instructor for Softlifting Workshop, organised by Allergan Bern, Switzerland |
| May 2010 | MaterClass Injection Techniques, organised by Allergan Notwill, Switzerland |
| March 2010 | Invited speaker at 15 th Cosmoderm Congress (EADV) Beirut, Lebanon |
| December 2009 | Invited speaker at 14 th Cosmoderm Congress (EADV) Tel Aviv, Israel |
| October 2009 | Invited speaker at ESCAD (European Society for Cosmetic and Aesthetic Dermatology) at the 18 th EADV Berlin, Germany |
| September 2008 | Invited speaker at 17 th Annual Meeting of EADV / ESCAD Paris, France |
| May 2008 | Invited speaker at the Spring Congress of EADV Istanbul, Turkey |
| November 2008 | Invited speaker at the Sociedad Centro America de Dermatologia Cosmetica Guatemala City, Guatemala |
| March 2008 | Annual meeting of American Academy of Dermatology San Antonio, USA |
| September 2007 | 16 th Annual Meeting of European Academy of Dermatology and Venerology Vienna, Austria |
| June 2007 | Annual Meeting of Sociedad Mexicana de Dermatologia Cosmetica Mexico City, Mexico |
| March 2007 | 65 th Annual Meeting of the American Academy of Dermatology (AAD), Washington, USA |
| March 2006 | 64 th Annual Meeting of the American Academy of Dermatology (AAD) San Francisco, USA |
| March 2003 | Anti-Aging World Conference Paris, France |
| September 2002 | 23rd National Congress of Esthetic Medicine and Dermatologic Surgery Paris, France |
| June 2002 | Annual Meeting of the Hungarian Society of Dermatology Budapest, Hungary |

- May 2002 7th Congress of European Society for Laser Aesthetic Surgery
Paris, France
- April 2002 Annual Meeting of American Society for Lasers in Medicine and
Surgery
Atlanta, USA
- March 2002 23rd National Congress of the Italian Society of Esthetic Medicine
Rome, Italy
- February 2002 60th Annual Meeting of the American Academy of Dermatology
New Orleans, USA
- January 2002 International Medical Congress in Aging Skin (IMCAS)
Paris, France
- February 2001 59th Annual Meeting of the American Academy of Dermatology
Washington DC, USA
- September 2000 9th Congress of European Academy of Dermatology and Venerology
Amsterdam, The Netherlands

BIBLIOGRAPHY

- 2011 Pouillot A, Polla LL, Tacchini P, Neequaye A, Polla AS, Polla BS.
Natural antioxidants and their effects on the skin.
In : Formulating, Packaging, and Marketing of Natural Cosmetic
Products. John Wiley, 239-257, 2011.
- 2010 Polla LL, Polla CZ, Fargue MC, Pouillot A, Varone G, Herzog B.
*Rajeunissement structurel et physiologique du visage: une nouvelle
technique d'injection de l'acide hyaluronique. Etude clinique sur 26
patients.*
J Med Esth et Chir Derm. 2010, 37: 81-86
- 2009 Polla LL, Herzog B, Varone G, Fargue MC, Polla CZ, Pouillot A.
Softlifting. Nuovo approccio nel ringiovanimento del viso.
La Medicina Estetica, 2009 Oct, 33 (4):485-492
- Pouillot A, Polla LL, Polla BS.
*Compte-rendu du colloque de la Société Française de Cosmétologie:
actualités et futur: la peau et son vieillissement – données récentes.*
J Med Esth et Chir Derm. 2009 June, 36(142): 79-83
- 2008 Pouillot A, Dayan N, Polla AS, Polla LL, Polla BS.
The stratum corneum : a double paradox.
J Cosmets Dermatol. 2008 June, 7(2):143-148

- 2007 Polla LL, Pouillot A, Polla BS, Polla-Tray AS.
Présent et futur des antioxydants dans la prévention du vieillissement cutané.
J Med Esth et Chir Derm. 2007 Sept, 34(135) :173-178
- Polla BS, Polla-Tray AS, Pouillot A, Polla LL.
Quand la limite inférieure est celle à atteindre : l'exemple du fer.
Biofutur. 2007 Feb, 274 :32-35
- 2003 Polla AS, Polla LL, Polla BS.
Iron as the malignant spirit in successful ageing.
Ageing Res Rev. 2003 Jan, 2(1):25-37
- 2000 Mariethoz E, Polla BS, Gonzalez M, Polla LL.
Treatment of facial telangiectasia: a novel application of flashlamp-pumped dye lasers.
J Dermatol Treat. 2000 Feb, 7(11):181-184
- 1998 Marirthoz E, Richard MJ, Polla LL, Kreps SE, Dall'Ava J, Polla BS.
Oxidant/antioxidant imbalance in skin aging: environmental and adaptive factors.
Rev Environ Health. 1998 July-Sept, 13(3):147-68
- 1992 French LE, Polla LL, Tschopp J, Schifferli JA.
Membrane attack complex (MAC) deposits in skin are not always accompanied by S-protein and clusterin.
J Invest Dermatol. 1992 May, 98(5):758-63
- 1990 Gay-Crossier F, Polla LL, Tschopp J, Schifferli JA.
Complement activation by pulsed tunable dye laser in normal skin and hemangioma.
J Invest Dermatol. 1990 Apr, 94 (4):426-31
- 1989 Margolis RJ, Dover JS, Polla LL, Watanabe S, Shea CR, Hruza GI, Parrish JA, Anderson RR.
Visible action spectrum for melanin-specific selective photothermolysis.
Lasers Surg & Med. 1989, 9(4):389-97
- Dover JS, Margolis RJ, Polla LL, Watanabe S, Shea CR, Hruza GI, Parrish JA, Anderson RR.
Pigmented guinea pig skin irradiated with Q-switched ruby laser pulses: Morphologic and histologic findings.
Arch Dermatol. 1989 Jan, 125(1):43-9
- 1988 Garden JM, Polla LL, Tan OT.
The treatment of port wine stains by the pulsed dye laser: analysis of pulse duration and long-term therapy.
Arch Dermatol. 1988 Jun, 124(6) 889-96

- 1987 Polla LL, Tan OT, Garden JM, Parrish JA.
Tunable pulsed dye laser for the treatment of benign cutaneous vascular ectasia.
Dermatologica. 1987, 174 (1):11-7
- Polla LL, Jacques SL, Margolis RJ, Prince MR, Anderson RR, Parrish JA, Tan OT.
Selective photothermolysis: contribution to the treatment of flat angiomas (port wine stains) by laser.
Ann Dermatol Venereol. 1987, 114(4):497-505
- Polla LL, Margolis RJ, Dover JS, Withaker D, Murphy GF, Jacques SL, Anderson RR.
Melanosomes are a primary target of Q-Switched ruby laser irradiation in guinea pig skin.
J Invest Dermatol. 1987 Sep, 89(3):281-6
- 1986 Polla LL, Margolis R, Goulston C, Parrish JA, Granstein RD.
Enhancement of the elicitation phase of the murine contact hypersensitivity response by prior exposure to local ultraviolet radiation.
J Invest Dermatol. 1986 Jan, 86(1): 13-7
- Polla LL.
Which laser for what ?
Dermatologica. 1986, 173(1):1-4
- 1985 Polla LL, Merot Y, Slosman D, Polla BS, Olgiati D, Saurat JH.
Linear pigmentogenic dermatitis after scintigraphy using bleomycin.
Ann Dermatol Venereol. 1985, 112(10): 821-3
- Simon CA, Von Overbeck J, Polla LL.
Malignant blue nevus.
Dermatologica. 1985, 171(3) 183-8
- Schifferli JA, Steiger G, Polla LL, Didierjean L, Saurat JH.
Activation of the alternative pathway of complement by skin immune deposits.
J Invest Dermatol. 1985 Nov, 85(5): 407-11
- 1982 Chavas P, Polla LL, Saurat JH.
Paramyxovirus-like inclusions and lymphocyte type in the REM syndrome.
Br J Dermatol. 1982 Jun, 106(6): 741-2
- 1978 Laugier P, Hunziker N, Olmos L, Posternak F, Harms M, Polla LL.
Paraneoplastic erythema.
Ann Dermatol Venereol. 1978, 105(11): 967-70